# **SMOOTH**

# SMOOTHIE €4.20 (400ml)

MR. ORANGE

Carrot, Celeriac, Paprika, Ginger

MR. GREEN

Spinach, Broccoli, Parsnip, Apple

MR. RED

Paprika, Tomato, Carrot, Parsnip, Beetroot

MR. PURPLE

Blueberry

+ EXTRA €1.00

Ginger / Bee pollen / Chia seeds

#### Fika

Drinking coffee along with eating something sweet

# WARM COFFFF & TFA

FILTER COFFEE €3.00

Special organic blend. Ask our staff about our current blend

MACHINE COFFEE €2.00

Grab your own coffee from the machine

FRESH MINT TEA 3.50 FRESH GINGER TEA 3.50

SENZA TEA €2.00

Choose your own flavor

# **FRESH**

SODA €3.00 (200ml)

FRITZ-KOLA €3.00

Regular

FRITZ-KOLA LIGHT €3.00

Sugar free

FRITZ-LIMO €3.00

Apple, Cherry, Elderberry

FRITZ-LIMO €3.00

Orangeade

FRITZ-LIMO €3.00

Lemonade

FRITZ-LIMO €3.00

Melon

MISCHMASCH FRITZ-KOLA €3.00

With orange

RUSSEL & CO €3.75

Bitter lemon

Tonic

ORGANIC FRITZ-SPRITZ €3.25

Rhubarb spritzer

Apple spritzer

**ROYAL CLUB** €2.75

Apple Juice

BRU® 0.25 CL €2.75

Natural mineral water, still or

sparkling.

# THE GREEN ELEPHANT UTEPILS

#### BLONDE ELEPHANT €4.25

Blond Elephant is a Belgian Blonde with light malty aromas, a fruity touch and a soft sweet bitter aftertaste

#### **DOUBLE GREEN €4.75**

Dubbel Green has a thick, lightly browned head. The sweet and malty aromas full of caramel and toast come immediately to the surface. In the taste a fine fruitiness that sweetness rounds off

#### THE TRIPLE €5.00

This golden Tripel is carbonated and has a coarse, collapsing head. In the taste this beer is fruity with hints of malt and yeast come surface

#### DESPERADOS €4.75

Is a beer with added tequila aroma with an alcohol content of 5.9% Vol. The aroma gives the beer a sweet taste, unlike an ordinary lager

#### BEER BUCKET €18.50

5 beers we choose for you

#### DARE TO DRINK DIFFERENT BEER

Discover the world of speciality beers. There are so many different canned beers that change all the time. Take a look in the fridge

0 - 4,3 ‰ €4,50 > 4,3 ‰ €5,75

# UTEPILS BEERS ON TAP

GUI PENER UR-PII SNER €3 25

DELICIOUS GULPENER CHANGING BEER ON TAP 3.95

# BEERS FROM THE BOTTLE

#### GULPENER UR-HOP €4.25

100% organic, unfiltered India Pale Lager. Dry-hopped while brewing

#### GULPENER UR-WEIZEN €4.50

100% organic wheat beer. Fresh and fruity with subtle bitterness

#### GULPENER SPICY ROGER €5.50

Collaboration brew with spirit. Tingling hoppy beer with a hint of spicy red pepper

#### GULPENER NEUBORG €5.50

Collaboration brew with spirit. Tingling hoppy beer with a hint of spicy red pepper

#### **ZWARTE RUITER ORIGINAL 0.3% 4.50**

The 0.3% Original is one with taste! This slightly malty and refreshing Zwarte Ruiter comes straight from the oldest brewing family in the Netherlands

#### **ZWARTE RUITER WEIZEN 0.3% 4.50**

This 0.3% Weizen is one with taste! Fruity and refreshing with a round, soft aftertaste. Straight from the oldest brewing family in the Netherlands

## Utepils

To sit outside enjoying a beer on a sunny day

# SOMETHING GOOD TO START WITH

#### BREAKFAST BUFFET €9.95

Enjoy an extensive set of fresh fruit and vegetable juices, fruit, breakfast cereals including overnight oats, freshly baked bread, and vegetarian and vegan fillings, spreads, and toppings

Or take a late breakfast a' la carte from 12:00pm €12.50

## FOOD

## BREAD WITH SPREADS €6.50

Sourdough bread with various spreads

#### VEGGIES €6.50

Various raw vegetables with hummus

#### FRIES €4.00

Sweet potato fries

#### DUTCH CROQUETTE €6.50

Who wouldn't want to try the most popular typical dutch croquette with sourdough bread. It's a must try!

PIZZA €12.50

#### DAY DISH € 12,50

A delicious home cooked meal

#### SOUP OF THE DAY € 6,50

Made daily from fresh ingredients, with freshly baked sourdough croutons

# SNACK BOARDS

#### FAR FAR EAST SNACK BOARD €7,95 p.p.

Curry pastry crowns, dumpling cauliflower, dumpling tomato, chili, springrolls

#### DUTCHY SNACK BOARD €6,95 p.p.

Nuts, vegetable chips, sundried tomatoes, silver onions, pickle, olives, grilled paprika, veggies

#### VEGAN BALLS SNACK BOARD €9,95 p.p.

Vega chicken nuggets, beet balls, pumpkin balls, spinach balls, mushroom balls

## SNACCIDENT

#### BEET IT €8 00

Beet balls with mustard and mayonaise to finish it off

#### MUSHROOMS ALL OVER €7.50

Mushroom balls with amazing truffle mayonnaise

#### FALAFEL €7.50

Falafel balls with tzatziki sauce

#### BREAD WITH SPREADS €6.50

Sourdough bread with various spreads

#### VEGGIES €6.50

Various raw vegetables with hummus

# SHAKEN

GIN-TONIC €8.00 Loopuyt Gin, Russel & Co tonic

PINK CINNAMON FIZZ €9.50 Loopuyt Gin, Cinnamon syrup, Fritz-spritz rhubarb

DUTCHY IN THE TROPICS €9.50 Loopuyt Gin, Pineapple liqueur, Fritz-limo orangeade

SKINNY BITCH €7.00 Vodka, sparkling water and a slice of citron

### MOCKTAIL

SEEDLIP SPICE 94 - FRITZ-MATE €7.00 Spicy with smoky rosemary

SEEDLIP GARDEN 108 -FRITZ-LIMO LEMONADE €7.50 With fresh green herbs

SEEDLIP GROVE 42 -BRU SPARKLING €7.00 Citrus-blend of three types of orange

## **SPARKLING**

PIZZOLATO STEFANY PROSECCO
BOTTLE €19.50
DOCG Valdobiadene, Italy.
Fresh and fruity with a delicate
bubble

## FINE

### WHITE WINE

HOUSE WINE - CONDE PINEL VIURA / VERDEJO BLANCO

GLASS €4.00 - BOTTLE €17.50 Clear, pale lemongrass colour. Medium intense aromas reminiscent of citrus, lime, peach and sweet pineapple

#### L'AURATEA CATARATTO PINOT GRIGIO

GLASS €4.25 - BOTTLE €19.50 I.G.T. Terra Siciliana, Italy. Crispy dry and fresh with hints of citrus.(organic)

#### YCARO CHARDONNAY

GLASS €4.50 - BOTTLE €20.50 Casablanca Valley, Chili. Tropical fruit with a fresh touch. (organic)

## ROSÉ WINE

HOUSEWINE - CONDE PINEL ROSADO VDT GLASS €4.00 - BOTTLE €17.50 Red berries, combined with a taste of summery strawberries and ripe cherries

#### DOMAINE BASSAC PINK CHOT

GLASS €4.50 - BOTTLE €21.50 Vin de Pays d'Oc, France. Raspberry and strawberry with hints of herbs

### **RED WINE**

HOUSE WINE - CONDE PINEL TEMPRANILLO TINTO

GLASS €4.00 - BOTTLE €17.50 Black cherries, ripe strawberries with hints of exotic spices and eucalyptus

#### L'AURATEA NERO D'AVOLA

GLASS €4.25 - BOTTLE €19.50 I.G.T. Terra Siciliana, Italy. Full of red fruit, redcurrants and hints of spices

#### YCARO CARMENERE

GLASS €4.50 - BOTTLE €20.50 Central Valley, Chili. Aromas of berries, vanilla and roasted nuts

# LET'S GO NUTS TONIGHT

#### ALMONDS 2.95

The almond is the edible kernel of the fruit of the sweet almond tree. It is a bright white fruit and wrapped in a reddish brown cover

#### CASHEW 2.95

Cashews have a mild flavor and creamy, rich texture. Despite their richness, cashews are slightly lower in fat than most other nuts

#### PISTACHIO 2.95

The pistachio nut is a dry fruit of small size, lengthy with a hard, thin and clear brown shell. The edible part is green-yellowish and tender

#### **PECAN 2.95**

Pecans have a distinctly sweet and buttery flavor, and a mildly floral, foresty aroma

MIX OF NUTS 5.95

### Gigil

The overwhelming feeling that comes over us when we see something cute

# SWEETS FOR MY SWEETS

#### COURGETTE BROWNIES €3.75

Super duper yummy courgette brownies prepared in our own kitchen

#### GINGERBREAD €2.95

Delicious with coffee, tea or just for a snack

#### ICE CREAM FROM MONTEGOMERY PINT €7.95/ CUP €3.75

Various flavours can be picked up at the reception desk or if you are too lazy we will bring it to you

#### PANCACKES €5.50

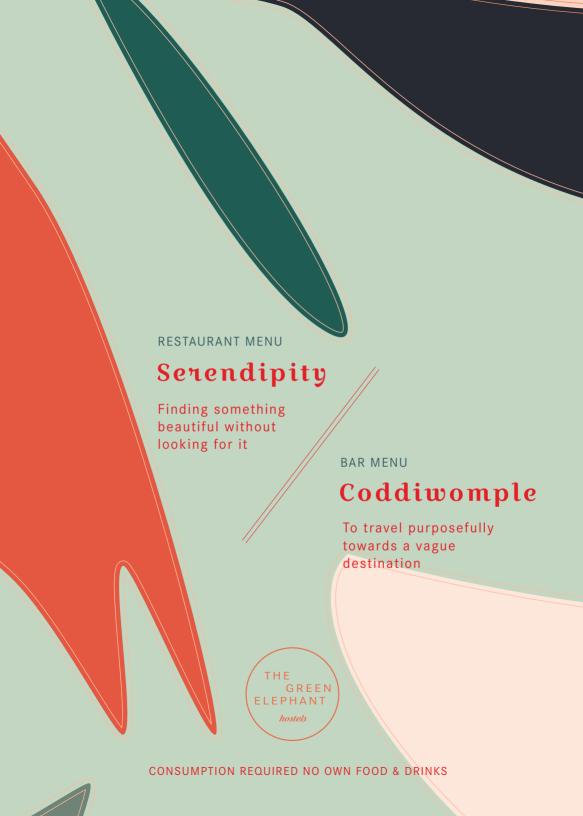
Fresh fruit, quark and pancackes

## **KIDS**

### FRIES WITH NUGGETS €6.95

Served with applesauce and mayo

#### FRIES WITH CROQUETTE €6.95 Served with applesauce and mayo





# WELCOME TO YOUR HEALTHY OASIS

TAKING GOOD CARE OF YOURSELF WITH HEALTHY AND PREFERABLY ORGANIC FOOD, TASTY DRINKS AND NOURISHING BITES, IT'S ALL A COMMON SENSE OF BEING

